Arugula *Eruca sativa*

The flavor is mildest in cool weather. Try adding the edible flowers to spicy greens mixes.

**Culture:** Direct sow as soon as the soil can be worked. Provide full sun for best production. Sow successions every 3–4 weeks until mid-spring, resuming again in late summer. Thin after emergence. Maintain even moisture and provide loose, fertile, well-drained soil.

**Harvest:** Snip off leaves near the base or harvest whole plants. Very cold hardy. Growth will slow in winter and resume in spring.

**Seed Savers:** To save seeds for home planting, isolate from other arugula by at least 1/8 mile.

**Soil Temp.** 50–70°F

**Sowing Depth** ¼"

**Final Plant Spacing** 4–6"

**Final Row Spacing** 8–12"

**Light** Full Sun or Part Shade

**Days to Emerge** 3–10