Liana (Yard Long Bean)

Asparagus Bean  
*Vigna unguiculata*

**Asparagus Bean** (Yard Long)  
*Vigna unguiculata*

Easy to grow, high yielding, and easy to harvest, this Asian southern pea relative thrives in hot weather and tolerates a wide range of soils. Provide a trellis or “tee-peed” poles for support.

**Culture:** Direct sow when the soil has thoroughly warmed, 1 month after last frost. One planting along a tall trellis will produce well all season. Provide well-drained soil with pH over 6.0. Excess nitrogen may cause poor yields. Thin to final spacing. To ensure good growth, “pepper” the seeds with inoculant before sowing.

**Harvest:** For fresh, edible pods, harvest at 12–15 in. May also be used as a dried bean. The young leaves and stems are also edible.

**Seed Savers:** To save seeds for home planting, isolate from cowpeas and other asparagus beans by at least 150 ft.

**Soil Temp.**
65–85°F

**Sowing Depth**
¾–1”

**Final Plant Spacing**
6–8”

**Final Row Spacing**
12–18”

**Light**
Full Sun

**Days to Emerge**
5–10