**Lettuce** *Lactuca sativa*

Lettuce may survive 20°F or lower. Use row cover to protect over-wintered crops.

**Culture:** Lettuce germinates best at 75°F, and will come up at as low as 40°F, but often fails to germinate at over 80°F. Direct sow small successions of head lettuce every 1–2 weeks in spring and early fall, or sow a closely-spaced cut-and-come-again crop. In very early spring, start crops as hardened 4-week-old transplants. **Summer Lettuce:** During hot weather, sow in flats in the refrigerator and remove after 4–6 days. Mulch the plants to cool the roots. Harvest as baby greens or practice cut-and-come-again.

**Harvest:** Harvest in the morning for sweetest flavor. Mow cut-and-come again crops or harvest whole head lettuce by cutting at the base. **Seed Savers:** To save seeds for home planting, isolate from other lettuce by at least 12 ft.