Mint *Mentha sp.*

Flavor varies widely, sow in shallow flats and choose your favorite plants to keep. Grow in pots to prevent spreading or grow as a ground cover.

**Culture:** Thrives even in dry or soggy conditions, sandy and poor soils. The tiny seeds are best started indoors in shallow flats or pots. Press the seeds into the soil surface and barely cover with very fine soil. Keep evenly moist but not damp; germination may be slow. Look for the tiny seedlings and keep weed-free as they may be slow growing. Transplant out when the plants reach 2–3 inches, anytime after last frost.

**Harvest:** Wait until the plants are well established to begin snipping off stems as needed. Cut back after flowering for fresh growth.

**Seed Savers:** Spreads and self sows readily. Propagate by divisions. Crush dry seed heads to release the seeds. Finish drying indoors.