



## Red Russian

KALE *Brassica napus*

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Kale is best grown for spring, fall, and winter greens. Frosts sweeten the flavor and deepen the red color.

**Culture:** Sow indoors in pots or flats beginning in late winter. For fall crops, sow in late summer, 10–12 weeks before the first hard freeze, indoors or outside under row cover, keeping the beds moist during germination. Harden off and transplant when the plants have 3–4 true leaves. Apply deep mulch. Provide fertile, well-drained soil and even moisture.

**Harvest:** Clip individual leaves before they are 12" long. Old leaves become tough and stringy.

**Seed Savers:** To save seeds for home planting, isolate from plants of the same species by at least ½ mile. Red Russian kale will cross with some rapeseed (Canola) and may cross with rutabaga.

Soil  
Temp.  
65–85°F

Sowing  
Depth  
¼–½"

Final Plant  
Spacing  
12–18"

Final Row  
Spacing  
24"

Light  
Full Sun

Days to  
Emerge  
5–14