Mustard Greens *Brassica juncea*

The flavor is mildest in cool weather. Try adding the edible flowers to spicy greens mixes. An excellent, fast-maturing crop for overwintering in mild climates or with protection from cold.

**Culture:** Direct sow in spring, summer, and early fall. Provide full sun for best production. Thin when the plants have 3–4 true leaves (use the thinnings for baby greens). Maintain even moisture and provide fertile, well-drained soil. Sow successions every 2 weeks during warm weather. **Mild winter climates:** Sow in late fall through winter for winter and early spring harvests.

**Harvest:** Snip off leaves near the base or harvest whole plants. Cold-hardy: growth will slow in winter and resume in spring.

**Seed Savers:** To save seeds for home planting, isolate from plants of the same species by at least ½ mile.