Yellow Torch Tithonia
FLOWER  Tithonia rotundifolia

General Seed Starting Guidelines
Refer to our online store and our Catalog & Garden Guide for specific growing information:
www.SouthernExposure.com

Sow no deeper than 2–4 times the seed diameter and keep the soil evenly moist, but not soggy.

Direct Sowing: When sowing directly in the garden, use extra seed and thin to the desired spacing after emergence. The soil should be well drained and enriched with compost.

Transplanting: Sow in shallow pots or flats indoors under grow lights, in the greenhouse, or in a cold frame. Use a good quality sterile seed starting mix. Pot up to larger containers as necessary. Harden off for 1–2 weeks before transplanting outside by moving the seedlings into direct sunlight during the day, gradually increasing the number of hours of exposure. Transplant gently; avoid damaging the stems.