



Ashworth SWEET CORN *Zea mays*

Sweet Corn *Zea mays*

For best flavor and texture, separate sweet corn by at least 100 ft. from field corns. Heirloom sweet corns are less sweet than modern hybrid sweet corn, but have more old-fashioned corn flavor.

Culture: Direct sow beginning in late spring when the soil reaches 65°F. Sow successions every 2–3 weeks through July. Sow extra, approx. double the final crop. Thin when the plants reach 4 in.; give taller varieties wider spacing. Sow in blocks of at least 4 rows for good pollination. Provide well-drained soil rich in nitrogen and phosphorus.

Harvest: Gently twist off fully-filled ears with brown silks. The kernel juice should be cloudy, not clear (the milk stage). Corn is sweetest when it's fresh, within 24 hours of harvest.

Seed Savers: To save seeds for home planting, isolate from other corn by at least 600 ft. and save seed from at least 100 plants.

Southern Exposure Seed Exchange
Worker Owned Co-op (540) 894-9480
PO Box 460, Mineral, VA 23117
Certified Organic by QCS

Soil
Temp.
65–95°F

Sowing
Depth
1"

Final Plant
Spacing
6–12"

Final Row
Spacing
36"

Light
Full Sun

Days to
Emerge
5–8

