

## Golden Acre

### CABBAGE *Brassica oleracea*

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A nutritious cool weather crop.

**Culture:** Sow indoors in pots or flats in late winter, 6–8 weeks before average last frost. For fall crops, sow in late summer, 10–12 weeks before the first hard freeze, indoors or outside under row cover, keeping the beds moist during germination. (Sow at ½ in. depth in fall.) Harden off and transplant when the plants have 3–4 true leaves, approx. 5–6 weeks after sowing. Apply deep mulch. Provide fertile, well-drained soil and even moisture.

**Harvest:** Twist off the heads when they are fully formed and firm. Allow the strongest side sprout to develop a second, smaller head.

**Seed Savers:** To save seeds for home planting, isolate from other cabbage and from broccoli, Brussels sprouts, cauliflower, collards, kale, and kohlrabi by at least ¼ mile.

Soil  
Temp.  
55–85°F

Sowing  
Depth  
¼"

Final Plant  
Spacing  
12–18"

Final Row  
Spacing  
24–36"

Light  
Full Sun

Days to  
Emerge  
4–10