

Snowball Self-Blanching CAULIFLOWER *Brassica oleracea*

Cauliflower *Brassica oleracea*

Tie the inner leaves around the crowns as they form to blanch them white.

Culture: Sow indoors in well-draining containers 6–8 weeks before average last frost. For fall crops, sow in late summer, 10–12 weeks before the first hard freeze, indoors or outside under row cover, keeping the beds moist during germination. Harden off and transplant when the plants have 3–4 true leaves, approx. 5–6 weeks after sowing. Apply deep mulch. Provide fertile, well-drained soil and even moisture.

Harvest: Harvest when the crowns are full and the “curds” haven’t yet separated. Leave a whorl of leaves attached to prevent drying.

Seed Savers: To save seeds for home planting, isolate from other cauliflower and from broccoli, Brussels sprouts, cabbage, collards, kale, and kohlrabi by at least $\frac{1}{8}$ mile.

Soil
Temp.
55–85°F

Sowing
Depth
 $\frac{1}{2}$ "

Final Plant
Spacing
15"

Final Row
Spacing
24–36"

Light
Full Sun

Days to
Emerge
4–10

